Sharing My Story: A Planning Worksheet

Use this worksheet to help plan what you want to share about your hospital experiences.

| Key points about your hospital experiences |
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| **When you or your family member was in the hospital, what things went well? What things did people say or do that were helpful?**  **When you or your family member was in the hospital, what things did not go well? What things did people say or do that were not helpful?**  **What improvements would you suggest to make things better for other patients and families?** |

Adapted from University of Washington Medical Center, Patient and Family Centered Care and Education Services, 1959 N.E. Pacific Street, Box 358126 Seattle, WA 98195.

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