

Female Urinary Incontinence Smart Set

IT² Team – Northwestern Medicine

Resource Description: This document contains the Smart Set—an EHR clinical decision-making tool—that the IT² team provided to clinicians.

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IT² Clinician Smart Set

Referrals

- NM PHYSICAL THERAPY REFERRAL (PELVIC)
- UROGYNECOLOGY REFERRAL
- UROLOGY REFERRAL

Medications

- Beta₃ Agonist Medications (Monitor blood pressure when mirabegron used)
- Mirabegron 25 mg oral TB24
- Mirabegron 50 mg oral TB24
- Vibegron 75 mg oral tab
- Antimuscarinic Medications (Assess for efficacy and adverse effects within the first three months of use)
- Darifenacin ER 7.5 mg oral TB24
- Oxybutinin IR 5 mg oral tab
- Oxybutinin ER 5 mg oral TB24
- Oxybutinin ER 10 mg oral TB24
- Oxybutinin ER 15 mg oral TB24
- Trospium ER 60 mg oral TB24
- Trospium IR 20 mg oral tab

Patient instructions

- Wisercare Link
- Behavioral modifications for over active bladder
- What is Stress Incontinence
- What is Pelvic Floor PT
- Antimuscarinic medications
- Beta 3 agonists

Diagnoses

- Stress incontinence
- Urge incontinence
- Mixed urge and stress incontinence