# Research to Help Underserved Populations Innovative Adaptation and Dissemination of AHRQ Comparative Effectiveness Research Products

# Disseminating Adapted Diabetes Evidence to Clinicians Through a Patient Portal

## Description

The purpose of the project was to adapt an existing AHRQ health information summary so it would be concise, targeted and actionable. The adapted product was then disseminated using a patient portal and electronic health record system.

### **Project Aims**

The project aims were to:

- Adapt the AHRQ Comparative Effectiveness Research Summary Guide, "Comparative Effectiveness and Safety of Oral Diabetes Medications for Adults With Type 2 Diabetes," to be concise, targeted, easily actionable by patients and healthcare providers, and implementable using health information technology-based tools, while preserving the fidelity of the original guide's technical contents and assessments; and
- 2) Evaluate the impact of disseminating the adapted Summary Guide using a combined patient portal and electronic health record system.

### Findings

The project successfully adapted the AHRQ summary guide materials, integrated them into a patient portal, and observed that patients actively accessed the adapted materials. Longterm follow-up on clinical outcomes is ongoing. **Study Populations** 

Patients of the Vanderbilt University Medical Center

Health Condition Addressed Diabetes

**Dissemination Tool and/or Method** Patient portal Electronic Health Record System

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