



# Enhancing Care Coordination for CR Resource Guide

### Care Coordination

1. International Council of Cardiovascular Prevention and Rehabilitation-CR Utilization

This online course is intended to train inpatient CR care coordinators/liaisons on how to encourage patients to participate in CR at the bedside.

- 2. <u>AACVPR Cardiac Rehabilitation Enrollment Strategy Inpatient Liaison for Outpatient Cardiac Rehabilitation</u>
- 3. <u>Case Study: Memorial Hospital of Carbondale Phase 1 Cardiac Rehabilitation</u>
- 4. <u>Lake Regional Health System Cardiopulmonary Rehabilitation Center: Phase 1 Program Guideline for</u> <u>Inpatient Educators</u>
- 5. <u>KITE-Toronto Rehabilitation Institute, University Health Network CR Referral Script for MDs and APPs</u>
- 6. <u>KITE-Toronto Rehabilitation Institute, University Health Network CR Referral Patient Discussion</u> <u>Documentation Form</u>
- 7. <u>AACVPR 2016 Cardiac Rehabilitation Fact Sheet: Cardiac Rehabilitation An Individualized Supervised</u> <u>Program for You"</u>
- 8. AACVPR—Commercial Insurance Pre-Authorization Template for Cardiac Rehabilitation

This AACVPR template suggestion is intended to expand reimbursement and payment information that is specific to CR services. In addition to demographic and insurance information that is collected prior to enrollment in CR, the included information is important in individualizing patient care.

9. Case Study: Christiana Care Health System—Use Clinician Follow-up to Bolster Enrollment

Q&A with Christiana Care Health System, which uses "non-enrollment letters" to notify referring cardiologists about patients' progress (or lack thereof) with CR, thus promoting patient accountability and engagement.

10. AACVPR Cardiac Rehabilitation Enrollment Strategy—Cardiac Rehabilitation Patient Progress Report

A short guide for implementing a patient progress report, with a link to a sample report.

11. <u>Health Services Research - Development of the Patient Activation Measure (PAM): Conceptualizing and</u> <u>Measuring Activation in Patients and Consumers</u>

*This article provides an overview on the patient activation survey and measure.* 





### Patient Engagement

12. Case Study: Miriam Hospital Center for Cardiac Fitness—Patient Ambassador Program

Q&A with Miriam Hospital, which implemented a patient ambassador program to reduce the rate of patient drop-out, emphasizes the importance of personalized support for retaining patients.

13. <u>AHRQ Evidence-based Practice Center Technical Brief Protocol</u>

This brief provides an overview of strategies for patient, family, and caregiver engagement.

- 14. <u>Motivational Interviewing Good Example Alan Lyme</u> This video provides an overview of how to conduct motivational interviewing.
- 15. 16 ways to improve your communication skills with patients

*Tips for improving patient clinician communication.* 

16. Tips for Improving Communication with Older Patients

Tips for talking with your older patients.

17. Family Caregiver Alliance - Communicating with Your Doctor

Tips for patients talking with their doctors.

18. IHI - SBAR Tool: Situation-Background-Assessment-Recommendation

The SBAR (Situation-Background-Assessment-Recommendation) technique provides a framework for communication between members of the healthcare team about a patient's condition.

19. AHA - Health literacy and patient safety: Help patients understand

*This video is part of a health literacy educational toolkit developed by the American Medical Association Foundation.* 

20. AHRQ - Health Literacy Universal Precautions Toolkit, 2nd Edition

This toolkit contains health literacy tools such as videos, posters, templates, and more!

21. AHRQ - Working with Patient and Families as Advisors Implementation Handbook

This handbook is a step-by-step guide for starting a patient and family advisory council at your system.

22. <u>Institute for Patient- and Family-Centered Care - How to Identify Strong Patient and Family Partners to Help</u> <u>Drive Practice Transformation</u>

*This slide deck discusses techniques for incorporating patients and families into the quality improvement process.* 





#### 23. AHRQ - Working with Patients and Families as Advisors

This excerpt from AHRQ's <u>Guide to Patient and Family Engagement in Hospital Quality and Safety</u> details multiple strategies in the form of handouts, orientation manuals, and guides for engaging patients and families as advisors.

24. Advancing Health Equity - Tips for Developing a Community Advisory Board

This guide gives an overview of how to form a community advisory board.

# Social Determinants of Health (SDOH)

25. <u>AACVPR Cardiac Rehabilitation Enrollment Strategy— AACVPR Cardiac Rehabilitation Adherence Strategy—</u> <u>Incorporating Motivational and Financial Incentives</u>

An implementation guide for motivational and financial incentives for CR, including a sample tracking sheet and monetary breakdown.

26. <u>Case Study: University of Vermont Medical Center—Financial Incentives to Improve Cardiac Rehabilitation</u> <u>Attendance Among Medicaid Enrollees</u>

*Q&A with Dr. Diann Gaalema about the implementation of financial incentives for CR patients enrolled in Medicaid.* 

- 27. Michigan Cardiac Rehab Network <u>Eliminating Transportation As A Barrier To Participation</u>
- 28. AACVPR Cardiac Rehabilitation Enrollment Strategy <u>Establish a Philanthropic Fund: Spotlight on Henry Ford</u> <u>Health System</u>
- 29. <u>Case Study: Christiana Care Health System—Reducing Cost-Sharing Barriers for CR Services with Creative</u> <u>Options</u>

A brief Q&A with Christiana Care System about their successful reduction of financial barriers to CR, with links to a longer program summary.

- 30. The Grady Heart Failure Program: A Model to Address Health Equity Barriers
- 31. Feeding America Hospital Food Bank Partnerships: A Recipe for Community Health

This article offers examples of hospitals and communities developing innovative approaches to solve food insecurity in the community.

32. <u>Circulation - Addressing Social Determinants of Health in the Care of Patients with Heart Failure: A Scientific</u> Statement from the American Heart Association

This article addresses SDOH in heart failure patients.





33. <u>Kaiser Family Foundation - Beyond Health Care: The Role of Social Determinants in Promoting Health and</u> <u>Health Equity</u>

This report is an extensive overview of SDOH and health equity in healthcare.

34. AACVPR 36th Annual Meeting - Building Equity in Rehabilitation Panel 10.7.21

This video is a panel from the conference on equity and cardiac care.

# **Educational Materials for Patients**

- 35. Educational videos (see available videos shared by the Cardiac Rehabilitation Collaborative (CRC) on YouTube)
- 36. Handouts:
  - o AACVPR CR\_Fact Sheet (English),
  - o <u>Cardiac Rehabilitation Infographic</u> (English),
  - o <u>Rehabilitación cardíaca: MedlinePlus enciclopedia médica</u> (Spanish)