

Reflective Practice Tool: The Spirit of Inquiry

Ask



ASK

Questions are the path to discovery and questions convey value. How do I ask the right questions of the right people at the right time to achieve a safe diagnosis?

Listen



LISTEN

Questions are only meaningful if I listen actively through mindful engagement to the responses. What can I learn from actively listening? How do I integrate what I hear with what I already know to ask what else it can be?

Act



ACT

Asking and listening are followed by thoughtful action and a plan that includes patient perspectives. What actions will help contribute to a safe diagnostic process to plan actions that can lead to better health?